



reflex
SUPPLEMENTS



VANCOUVER PRO/AM & EXPO

VANCOUVER CONVENTION CENTRE
580 CANADA PL.
VANCOUVER, BC

MUSCLE INSIDER MODEL SEARCH | CANADIAN POWERLIFTING | BC STRINGBAM

BCABBA BC CHAMPIONSHIPS
BODYBUILDING / MEN'S CLASSIC PHYSIQUE
MEN'S & WOMEN'S PHYSIQUE
FITNESS / BIKINI / FIGURE

IFBB PROFESSIONAL SHOW
MEN'S 212 BODYBUILDING / MEN'S BODYBUILDING
MEN'S CLASSIC PHYSIQUE / MEN'S & WOMEN'S PHYSIQUE
FITNESS / BIKINI / FIGURE

JULY 8 & 9, 2017



IFBB
PROFESSIONAL LEAGUE

BCABBA
CANADIAN BODYBUILDING ASSOCIATION

IRONFIT
CROSSFIT

ABSOLUTE Touch
NATURAL BODYBUILDING

MAGNUM
NUTRITION

CELLUCOR

Suit Supply

VANCOUVERPROSHOW.COM

2017 VANCOUVER PRO/AM & EXPO

Athlete Package

July 8 & 9, 2017

*Vancouver Convention Center - EAST
999 Canada Place*

www.vancouverproshow.com

www.bcabba.org

www.ifbbpro.com



*IFBB events sanctioned by the IFBB Professional League
BCABBA events sanctioned by the British Columbia Bodybuilding Amateur Association*

VANCOUVER PRO/AM & EXPO

EXPO SCHEDULE

SATURDAY JULY 8, 2017

11:00a.m. to 6:00p.m.

SUNDAY JULY 10, 2015

11:00a.m. to 6:00p.m.

Events Schedule

The IFBB Pro show is a qualifier for the Olympia. Winners from each division will be eligible to compete at the 2017 Olympia.

Visit: www.ifbbpro.com

The BCABBA top 5 qualify to compete at the CBBF Nationals. Visit: www.bcabba.org

IFBB Events include:

- IFBB Pro Men's Bodybuilding
- IFBB Pro Men's Classic Physique
- IFBB Pro Men's 212 Bodybuilding
- IFBB Pro Men's Physique
- IFBB Pro Women's Fitness
- IFBB Pro Women's Figure
- IFBB Pro Women's Bikini
- IFBB Pro Women's Physique

BCABBA Events include:

- Men's Bodybuilding
- Men's Classic Physique
- Mixed Pairs Bodybuilding
- Women's Bodybuilding
- Men's Physique
- Women's Fitness
- Women's Figure
- Women's Bikini
- Women's Physique

ATHLETE REGISTRATION

BCABBA Athlete Meeting, Friday July 7th, ANYTIME BETWEEN 2:30pm – 5:30pm – Drop-in (NO Formal Meeting)

Vancouver Convention Center, 999 Canada Place, 2nd floor, Room #15

Bodybuilders, Fitness and Women's Physique MUST UPLOAD their MUSIC to the BCABBA WEBSITE PRIOR TO THE MEETING, 60 seconds. You must be wearing your suit or shorts and bring with you any other suits/shorts you are going to wear onstage. Fitness competitors must bring their routine outfit to be checked.

IFBB PRO Athlete Meeting, Friday July 7th, 6:00pm:

Vancouver Convention Center, 999 Canada Place, 2nd floor, Room #15

Bodybuilders, Fitness competitors and Women's Physique MUST BRING THEIR MUSIC ON A DISC.

*****BACKSTAGE TRAINER passes can be purchased for IFBB PRO athletes \$99, email: exhibits@vancouverproshow.com*****

BACKSTAGE: BALLROOM C: 999 **Canada Place VANCOUVER** **CONVENTION CENTER**

You will need your competitor badge & button to get past security to the backstage area. Show up to the venue early to claim a spot. The OFFICIAL Tanner, ABSOLUTE TOUCH, will be backstage to assist with touchups, glaze and bikini bite. Bring your own pump up band, there may not be enough weights to go around. Have back up copies of your music.

VANCOUVER PRO/AM & EXPO

Theatre Schedule

ITINERARY SATURDAY JULY 8th 9am

BCABBA WOMENS BODYBUILDING – Judging

BCABBA MENS BODYBUILDING – Judging

BCABBA WOMEN'S PHYSIQUE – Judging

BCABBA MIXED PAIRS BODYBUILDING – Judging

BCABBA MENS CLASSIC PHYSIQUE – Judging

11:30(approx.)

IFBB PRO MENS 212 – Judging

IFBB PRO FITNESS 2PC– Judging

IFBB PRO WOMENS PHYSIQUE – Judging

IFBB PRO MENS CLASSIC PHYSIQUE – Judging

IFBB PRO FITNESS ROUTINES– Judging

IFBB PRO FIGURE – Judging

2:00pm(approx.)***INTERMISSION***

2:30pm(approx.)

FINALS & AWARDS

IFBB PRO MENS 212 – ROUTINES/CONFIRMATION

IFBB PRO FITNESS – ROUTINES

**IFBB PRO WOMENS PHYSIQUE –
ROUTINES/CONFIRMATIONS**

**IFBB PRO MENS CLASSIC PHYSIQUE –
ROUTINES/CONFIRMATION**

IFBB PRO MENS 212 – POSEDOWN/AWARDS

IFBB PRO FITNESS 2pc –AWARDS

IFBB PRO WOMENS PHYSIQUE –POSEDOWN/AWARDS

**IFBB PRO MENS CLASSIC PHYSIQUE –
POSEDOWN/AWARDS**

IFBB PRO FIGURE – CONFIRMATION/AWARDS

4:30pm(approx.)

BCABBA WOMENS BODYBUILDING – Top 5
Routines/Awards

*****WOMENS BB OVERALL*****

BCABBA MENS BODYBUILDING – Top 5 Routines/Awards

*****MENS BB OVERALL*****

BCABBA WOMEN'S PHYSIQUE – Top 5 Routines/Awards

*****WOMENS PHYSIQUE OVERALL & BEST POSER*****

BCABBA MIXED PAIRS BODYBUILDING – Routines/Awards

BCABBA MENS CLASSIC PHYSIQUE – Routines/Awards

*****MENS BEST POSER*****

ITINERARY SUNDAY JULY 9th 9am

BCABBA FITNESS 2PC – judging

BCABBA BIKINI – Judging

BCABBA FITNESS ROUTINE – Judging

BCABBA MENS PHYSIQUE – Judging

BCABBA FIGURE – Judging

12:30pm(approx.)

IFBB PRO MENS OPEN BODYBUILDING – Judging

IFBB PRO MENS PHYSIQUE – Judging

IFBB PRO BIKINI – Judging

1:30pm(approx.)***INTERMISSION***

2:15pm(approx.)

FINALS & AWARDS

BCABBA BIKINI –Awards

*****BCABBA BIKINI OVERALL*****

BCABBA FITNESS – Routines

BCABBA MENS PHYSIQUE – Awards

*****BCABBA MENS PHYSIQUE OVERALL*****

BCABBA FITNESS 2pc – Awards

BCABBA FIGURE – Awards

*****FIGURE OVERALL*****

5:00pm(approx.)

IFBB PRO MENS OPEN – ROUTINES/CONFIRMATION

IFBB PRO MENS PHYSIQUE – CONFIRMATIONS/AWARDS

IFBB PRO BIKINI – CONFIRMATIONS/AWARDS

**IFBB PRO MENS OPEN BODYBUILDING –
POSEDOWN/AWARDS**

TICKET INFO

BCABBA ATHLETES: You will have FREE access to BOTH the theatre & expo the day you compete PLUS you will be given one additional expo pass for you or a guest, these will all be issued at the athletes meeting.

IFBB PRO ATHLETES: You will have full access to the expo and theatre both days Saturday & Sunday as well as 1 complimentary ticket for the day you compete. Tickets will be issued at the Athletes Meeting.

TRAINER PASSES AVAILABLE for backstage for IFBB PROS ONLY \$99 EMAIL: exhibts@vancouverproshow.com

***TO PURCHASE any additional TICKETS:
WWW.VANCOUVERPROSHOW.COM***



EXCLUSIVE TANNING, HAIR AND MAKE-UP TEAM

PLEASE NOTE: NO OTHER HAIR, MAKEUP OR TANNING PEOPLE WILL BE ALLOWED BACKSTAGE. NO EXCEPTIONS. ABSOLUTE TOUCH will be backstage to assist with touchups, glaze and bikini bite.

BOOK HERE:

<http://absolutetouch.ca/?q=competitionackages>



EXCLUSIVE FOOD PREP SERVICE PROVIDER

Custom tailored meals order online:

www.jonsnewtritionkitchen.com

VANCOUVER PRO/AM & EXPO

EXCLUSIVE BACKSTAGE PHOTOGRAPHER:

Ali Sohrab - www.bamfitnessphotography.com

EMAIL: thebamstudio@gmail.com

Professional backstage photos at the event. Contact Ali via his website.

EXCLUSIVE FRONTSTAGE PHOTOGRAPHER:

David Aboody - davidtwixpix@hotmail.com

HOST HOTELS (CURRENTLY ALL SOLD OUT for rates noted – some rooms may be left but at a higher price, call to inquire)

PAN PACIFIC HOTEL ONLY HELD UNTIL JUNE 6TH

999 Canada Place, Vancouver, BC

www.panpacific.com

Reservations ID: VAN72017

Reservations Direct Phone: 604-662-3223

Reservations Direct Fax: 604-895-2469

Toll-Free Numbers: 1-800-663-1515 (Canada)/ 1-800-937-1515 (USA)

Email: Reservations@PanPacificVancouver.com

Passkey Bookingink: <https://aws.passkey.com/go/Proshow2017>

Rate: \$349.00 Deluxe

VANCOUVER PRO/AM & EXPO

HOLIDAY INN & SUITES RATES ONLY HELD UNTIL JUNE 5TH

1110 Howe Street Vancouver, BC

www.hivancouverdowntown.com

Group: Vancouver Pro Show & Expo
Group Code: PRO
Guest Room Rate: \$199.00 single/double occupancy
Phone: (604) 623-6866
Hotel Toll Free: 800-663-9151 (Canada & US)
Holiday Inn Toll Free 1-800-HOLIDAY (INTERNATIONAL)
Fax: (604) 684-4736
E-Mail: reservations@hivancouverdowntown.com
<https://www.holidayinn.com/redirect?path=hd&brandCode=hi&localeCode=en®ionCode=1&hotelCode=yvrdt&PMID=99801505&GPC=PRO&viewfullsite=true>

Empire Landmark Hotel & Conference Centre ONLY HELD FOR RECENTLY AND DETERMINED BY HOTEL UNTIL SOLD OUT!

1400 Robson Street, Vancouver, BC

Please note that we are not holding any rooms and it will be subject upon availability = contact us ASAP

For July 7-10, 2017

GROUP CODE: Vancouver PRO/AM

\$185 Standard Room (approx 200 sq ft) = 1 King or 1 Queen or 2 Twin beds

\$205 Deluxe Room (bigger room size, approx 400 sq ft) = 2 Double beds

The rates will be honored up to 3 days prior and 3 days after your visit on an availability basis if you wish to extend your stay.

RESERVATIONS:

VANCOUVER PRO/AM & EXPO

You can contact our Reservations Dept at reservations@empirelandmarkhotel.com or 1-800-830-6144 / 604-687-0511 OR Christina Ko, Sales Manager, at cko@empirelandmarkhotel.com or 604-631-5402

ATHLETE BACKSTAGE/TANNING BALLROOM C HAIR & MAKEUP LOBBY THEATRE HALL A EXPO HALL B

EAST
CONVENTION
LEVEL

NEXT →

